Report 2 - Meaningful Goals to Achieve - Worksheet

Answer each question based on your most recent experiences and lessons.

1. How does reflecting on your goals and achievements help you see things more clearly?

1. What things make you feel excited about achieving a new goal? Describe how your thoughts change and the new ideas encourage you to try new.

1. What are the most important things you prefer to personalize when it comes to your specific standards, criteria, and why?

1. Why is it important to share your dream with someone who is supportive of you?

1. What three goals will enable you to achieve your dream life?

1. What does your current home and your life look like now?

1. How do you want your new home to be different from your previous home?

1. Describe the home features and environmental elements you’d like to have in or around your home.

1. List your old favorite places to shop. 10. List your **NEW** favorite local shops.

1. What topics, hobbies, or music are you interested in?

1. What qualities do you value most in yourself and your friends?

1. In what ways do your relationships bring you joy?

1. What things do you consider to be unessential to your dream life?

1. What things do you consider to be essential to your dream life?

1. What things do you want or need to take more control over in your life?